

ACTION-BASED LEADERSHIP DEVELOPMENT

# **EDEN**

EMPOWERMENT DEVELOPMENT EXPERIENCES NATURE



# YOU WANT TO DEVELOP IN YOUR LEADERSHIP COMPETENCE AND AS A ROLE MODEL?

We support leaders and young executives in reflecting and developing their skills. EDEN seminars are based on positive psychology, real experiences, social-systemic and economic perspectives. The principles of success are recognized and developed. Versatile workshop topics serve your

individual leadership development.

We work action-oriented to ensure transfer and sustainability. Whether individual hours in your company premises or a work-shop lasting several days in an attractive environment. It is always learning spaces that promote your development and at the same time bring joy.

#### **WORKSHOP SPECIALS**

SELF MANAGEMENT	Self, goal and time management:  Practical tools to push personal boundaries and identify opportunities	
EMPLOYEE LEADERSHIP	Basics of leadership: The most important leadership tools to actively lead your employees out of the comfort zone and to develop them	
CHARACTER & COMPETENCE	Leadership in balance: Leaders between people and result orientation  Get to know different models and plan your next success steps	
LEAD WITH PER- SONALITY	Leading by example: Leading and promoting different employee and personality types	
COMMUNICATION	Conducting staff meetings and negotiations safely:  The art of conversation and constructive feedback	
LEADERSHIP COMPETENCE	Situational leadership: Between delegating tasks and training employees. Being able to assess the level of employee maturity and learning to manage employees individually	
INNOVATION & DEVELOPMENT MANAGEMENT	Company development through continuous improvement:  Get to know and apply various innovation and CIP processes	
COACHING SKILLS	The manager as a coach: Achieve challenging goals through goal-setting discussions and coaching	

### **WORKSHOP BASIC ISSUES**

	TARGET GROUP	TOPICS
LEADERSHIP CHECK	Reflection for leaders in the form of a potential analysis and to discover their own leadership style	Potential check: personality, skills, values, motives Knowledge of strengths and weaknesses (self-image and external image) Develop authenticity and leadership skills (receive feedback) Basics of good leadership & get to know important leadership tools
LEADERSHIP VALUES	Leaders who want to become aware of their values and who want to strengthen their self-confidence	Recognizing, understanding and visualizing personal values Creating an individual leadership concept Increase authenticity, emotional intelligence and empathy
LEADERSHIP COMMUNICATION	Executives who want to reflect and develop their communication skills and leadership style	Understand communication as an important basis for management.  Get to know and practice communication tools through clear communication  Presenting/Communicating effectively and moderate in a motivating manner
LEADERSHIP VISION	For leaders who discover their vision and want to refocus themselves and their work	Clarity about your vision and future Mission statement development with the areas: vision, mission and principles goal planning, agreement and orientation Definition of goals with the S.M.A.R.T. method
LEADERSHIP STRATEGY	Executives who do not yet have a clear strategic orientation and want to implement their vision through concrete steps	Strategy development: Thinking and acting strategically in structure & culture Sustainably shaping the corporate culture through systematic structuring Developing strategic action plans
LEADERSHIP CHANGE	Leaders who are facing challen- ging change processes	Designing changes proactively with practical tools Understanding the possibilities and challenges of changes Dealing with employees in change processes Strengthen responsibility and role awareness
LEADERSHIP CONFLICT	Executive teams with problems or for leaders with tension in your own team	Coping with employee conflicts and increasing conflict competence Distinguishing structural from personal conflicts Learn how to deal with conflicts naturally, develop stress management and train frustration tolerance
LEADERSHIP INTERCULTURAL	Managers who want to lead inter- cultural teams to success	Important leadership aspects in other cultures Intercultural skills and diversity management Build trust and develop mutual understanding Communicate effectively across cultural differences

## SUSTAINABLE EFFECTIVE LEADERSHIP DEVELOPMENT

Together with you n we design your customized leadership development program and implement it for your strategic organizational development. As a system house, we provide you with the right professionals for every topic.

Topics can build on each other as required and are basic seminars or specials spread over a longer period. Often in combination with individual coaching or team workshops. These support your executives holistically in the diverse management topics of our digital age and guarantee sustainable successful development.

You can find inspiring best practice examples at www.eden-training.eu.



















#### **CUSTOMER STATEMENT**

From a distance, the management seminars with EDEN have brought us further, as theory and practice have been very well combined. In addition to developing a common vision for the entire area, several EDEN trainers supported us in developing a mission statement. We also conducted a survey with more than 100 managers, which gave us important input for our further development. The cooperation with the EDEN consultants is characterized by trust, openness and a healthy culture of discussion.

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